



MEMPHIS-MAY2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
360 EXPRESS 5:00 PM KILA	CLUB 360 6:00 AM KILA 360 GEAR 9:30 AM JAMES 360 GEAR 6:00 PM JB 360 CORE 6:15 PM KILA		360 EXPRESS / 360 CORE 6:00 AM / 6:45 AM KILA 360 GEAR 6:00 PM JB 360 EXPRESS 6:15 PM KILA			

CLUB4

LOCATIONS IN AL, MS, LA, TN, TX
CLUB4FITNESS.COM



@club4everybody