## SCHILLINGER-MAY 2024

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY 360 GEAR 5:00 AM **EXPRESS** CLUB 360 **EXPRESS CLUB 360 CLUB 360** CORE 8:00 AM 9:00 AM 8:00AM 8:00AM 8:00AM 8:00AM **EXPRESS EXPRESS** 4:00PM 4:00PM 360 GEAR 4:30PM



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