

FLOWOOD - MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
360 EXPRESS 8-30 AM ELLIOTT		360 CORE 8-30 AM ELLIOTT	360 CORE 4-30 PM PARKER		**Check the Clublife app for Saturday class rotation** 360 EXPRESS 9-15 AM ROTATION	

CLUB4

LOCATIONS IN AL, MS, LA, TN, TX
CLUB4FITNESS.COM

****For real time daily class offerings, please check the CLubLife app to make your reservation. Class offerings can change based upon coach availability.****



@club4everybody